

OVERBITE CORRECTION

Dear Patient:

You are entering a critical crossroads in the timing of your orthodontic treatment. At this point, we have straightened your teeth into relatively good alignment; however, an overbite exists. The proper completion of your orthodontic treatment hinges on the correction of your overbite. Proper correction of overbite can only happen with your compliance with headgear and rubber band wear. Headgear is a nighttime device that works to control jaw growth. Rubber bands move all of your teeth together. The secret of movement of all teeth is to have constant forces on those teeth. That means that for rubber bands to correct overbite, the patient must have the rubber bands on close to 24 hours a day. Without constant pressure, the teeth tend to move while the rubber bands are on and move back while the rubber bands are off. Any patient that is eager to get finished with their orthodontic treatment should be concerned when the rubber bands are off. Therefore, we encourage you to keep rubber bands on "24/7".

With diligent efforts, your treatment can be completed in a timely fashion and we can all soon celebrate together the day your braces are removed. We encourage you to give it your best effort. As you know, we track your overbite correction with millimeter measurements at each visit so we know how you are progressing. If you need encouragement, instruction or further explanation, please do not hesitate to contact us. We are in this together. Best of luck in completion of your orthodontic treatment.

Sincerely,

Dr. Ron Snyder and Staff

