

Vertical Pull Chin Cup Therapy

Some patients have a tendency for the lower portion of their face (measured from the tip of the nose to the base of the chin) to grow excessively in height during growth rotation. Backward rotation of the lower face is undesirable because it causes the chin to rotate down and back which makes the chin less prominent. A height increase in the lower face can also make it difficult for patients to close their lips, expose excessive gingiva upon smiling, or create an opening between the front teeth is called an open bite.

The most effective way to counteract this growth is to use a vertical pull chin cup. The chin cup should be worn indoors at least 12 hours a day during sleeping and during other quiet times in the house, for example, during homework or watching TV. Consistency is the key to success and additional hours of wear are helpful.

Chin cup therapy has been very successful in growing patients to reduce the lower face height and to bring the chin into a more forward position. The benefits are an improved facial balance and a better bite. Your cooperation will make it successful. Thank you.

Sincerely,

Dr. Ron Snyder and Staff

